



Romantic Road Trip for The Soulful Dater



DESTINATION

For a deep and meaningful date, the **Scottish Highlands** is the place to visit.

Reset your minds and take in the beautiful Scottish scenery.

There are plenty of road trip routes around Scotland but going straight through the heart of the Highlands via the Highland Tourist Route is your best bet. Here, you will drive through the stunning Cairngorms National Park and through plenty of charming towns.

There's no doubt this road trip will be good for the soul!



IN CAR ENTERTAINMENT

Podcasts to listen to – Fearnie Cotton's Happy Place or Chicken Soup for the Soul with Amy Newmark.

Playlists – Listen to Spotify's 'Folk & Acoustic Mix' or 'Chill Hits'.

Easy Car-Versations – Ask them about their soul-searching journey and their favourite things to do that feeds their soul.



DRINKS AND SNACKS TO FUEL YOUR ADVENTURE

Bring a selection of fresh fruit and pack some Scottish shortbread too!

Prepare a flask of Green Tea – try popping in a slice of lemon for an extra bit of freshness.



ESSENTIALS

- » A calming lavender scented freshener
- » Hiking boots – you'll need them!



TIPS

1. Make sure to give your car a clean (inside and out!) before picking up your date
2. Keep a calm demeanour when driving – a soulful person won't appreciate witnessing any road rage!
3. Do plenty of research on your route to make sure you're making the most of the incredible scenery
4. Allow time for connecting to nature – your date will appreciate the time to reflect

